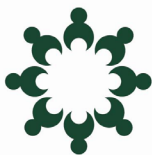




The Council
on Aging
of Ottawa



Le Conseil sur
le vieillissement
d'Ottawa

Spring Luncheon 2024



**Monday
May 27**

11:00am
Networking / Cash Bar
Photos / Raffle / Silent Auction

12:00pm
3-Course
Lunch

12:45 - 2:00pm
Keynote Speaker
followed by a Q & A

Ottawa Conference & Events Centre

200 Coventry Road, Ottawa
Free Parking

	Early Bird	After April 15
Tickets:	\$ 100	\$ 125
Table of 8:	\$ 800	\$1000
Table of 10:	\$1000	\$1250

Official receipt for the tax-deductible portion of the ticket will be provided to the purchaser.

Corporate Options

Table of 8:	\$1300
Table of 10:	\$1500
Friend of the COA (for 2)	\$ 325

Luncheon & Beverage Tickets for each guest.
Corporate visibility. Call for further details

Registration / Information

www.coaottawa.ca

Phone: 613-789-3577 x1
coa@coaottawa.ca

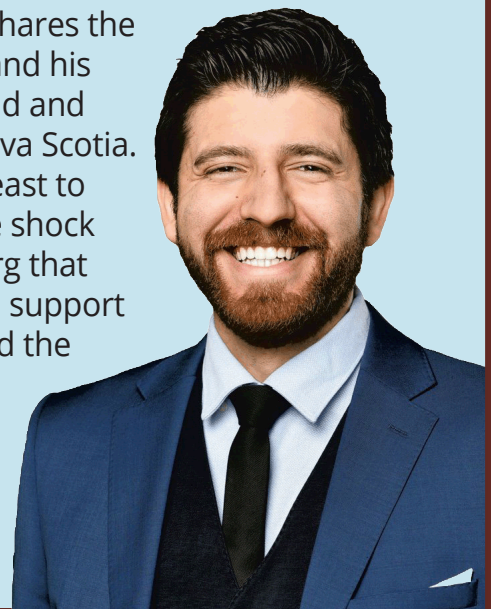
Peace is Beautiful in Every Language:

**How Offering Kindness is the Key to Accelerating
the Integration of New Immigrants of All Ages**

Tareq Hadhad

Founder and CEO of Peace by Chocolate

Syrian refugee, Tareq Hadhad shares the story of how he found himself and his family far from home on the cold and snowy streets of Antigonish, Nova Scotia. Their journey from the middle east to Canada and its resulting culture shock are the tip of an inspiring iceberg that showcases the compassion and support of Canadians, Nova Scotians and the people of Antigonish. From coast to coast, Tareq shares what can happen when people open their arms to immigrants of all ages.



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