



New Board Members 2024



ÉMILIE ROY - Émilie's law practice focuses on litigation in the health sector, including representing public hospitals and their employees in medical malpractice litigation. She appears in court and before administrative tribunals, including: Small Claims Court; Superior Court of Justice; Divisional Court; Consent and Capacity Board; Human Rights Tribunal of Ontario; and Coroner's Inquests in Ontario. Émilie works directly with healthcare professionals and organizations on risk management issues related to mental health law, responding to adverse events, issues involving substitute decision-makers, discharge planning, and regulatory issues. Fluent in English and French, she practises in both official languages. Émilie articulated with BLG before joining as an associate. During her studies, she was a research fellow with the Global Strategy Lab and worked at the Canadian Institutes of Health Research and the Canadian Medical Association.



MIKE POWERS - Michael (Mike) Powers joins The Council on Aging after 40+ years of business development successes in the Financial Services, Economic Development, and Not-for-profit sectors. A creative-thinking executive, Mike has introduced new clients and established new markets across Canada and the UK. Mike is an accomplished networker, developing opportunities in widely diverse sectors as needed for the organization's success. His 30+ year involvement in the volunteer sector has seen Mike serving as a board member/event organizer/treasurer with after-school programs, single parents, tennis community, young offenders programs, municipal parks, recreation, and hospitals, and as a volunteer sports coach. He is a Dad to three amazing daughters and grandfather to the four delights of his senior life. Dubbed urban explorer, he loves to explore cities and wander rural areas. It is with notable enthusiasm that he joins the COA Board!



JENNY MURPHY - Before spending ten years as the Science Policy Advisor for various levels of federal government including the Minister of Natural Resources, Jenny Murphy was a scientist specializing in Earth Observation. After retirement, she took the Teaching English as a Second Language (TESL) course and taught a one-month English communications course to female trainee Trekking Guides in Nepal for nine years. In June 2023, she completed six years of study at Carleton University, graduating with a Bachelor of Humanities degree. As a volunteer, she has been a Big Sister, and she read and recorded newspapers for the blind with Voiceprint (now AMI). She is the Founding Member of a registered Canadian charity providing scholarships to geomatics students in Nepal. She wrote her memoirs in 2016 and continues writing stories as part of a Memoir Writing Group. She was a competitive rower and kayaker for fifty years and she has been a member of Toastmasters International since 2021.



PETER KING

Peter King has a Bachelor of Civil Engineering, a Masters in Business Administration, and a PhD in Management of Leadership Organizations. His lengthy career in the Public Service found him addressing policy issues, economic expansion, and audits of major capital projects in no less than six different departments. Since his retirement he has continued to work as a consultant perhaps most notably with First Nations communities and spending many years in Beijing. He has been involved in the sport of rowing his entire life as a competitor, coach and referee and has been inducted into a few walls and halls of fame for his achievements. He is also author of numerous books and articles on a variety of topics.



SHERRY PERREAULT

Sherry Perreault is an accomplished public sector executive with significant domestic and international experience in ethics and lobbying regulation, policy analysis, governance and strategy, and communications. Most recently she served as Values and Ethics Commissioner at CBC/Radio-Canada. She was Ireland's first Head of Lobbying Regulation, overseeing legislation regulating lobbying, ethics in public office, and political finance. She founded and was the first chair of the European Lobbying Regulators' Network. Prior organizations include Canada's Office of the Conflict of Interest and Ethics Commissioner, Canadian Heritage, Industry Canada and the Privy Council Office. Sherry is a lifelong volunteer with roles in community theatre, Rotary, and Girl Guides. Originally from Winnipeg, she holds a Master of Arts from the University of Toronto and a B.A. (Honours) from the University of Manitoba, both in political science, and a Diploma in Law from the Law Society of Ireland.



LUC BIGRAS

Luc Bigras was born in Eastview Ontario (Vanier today) in the sixties. Luc holds a Bachelor of Education and a Bachelor of Commerce with a concentration in accounting from the University of Ottawa. Luc worked as a business studies secondary school teacher for 15 years. In 2000, Luc joined l'Association des enseignantes et des enseignants franco-ontariens (AEFO) as an Executive – administrative services. In the fall of 2008, Luc completed the CMA-M.B.A. executive program from l'Université du Québec à Montréal. He has served as administrator at the Vanier Public Library and the Ottawa Vision Credit Union. After 30 years in the education field, Luc retired in December 2014. He has been a board member of the Équipe de santé familiale communautaire de l'est d'Ottawa (ESFCEO), de la Fondation du Centre Pauline-Charron, de la Clinique de santé Ste-Anne, The Council on Aging of Ottawa and the Muséoparc Vanier.



DAWN COOPER

Dawn enjoyed a long, fulfilling, and challenging career in non-profit management including roles at the MS Society; the United Way in Peel Region; the Parry Sound and Winchester Hospital Foundations; and the Canadian Cancer Society. Following her retirement, she turned to volunteering in areas that piqued her interest, caring and passions including volunteering at the Ottawa Music and Beyond summer festivals; assisting residents at Hospice Care Ottawa; and participating in local church, Rotary Club, and Probus activities. She joined the Board of CARP Ottawa in 2022, interested in advocating for the dire need to attend to seniors' issues. This interest led to responding to an invitation to join the Council on Aging of Ottawa Board. She is looking forward to working with the amazing people involved in this dynamic organization!



SUBHASH RAI

In his professional career Subhash worked in taxation compliance at senior levels with international organizations such as E.I. DuPont, Pfizer / Warner Lambert, Sprint Canada, Alfa Net, Rogers Cellular, North Telecom, National Film Board, Canada Revenue Agency, Tax Executives Institute, and the Ontario Ministry of Health. Subhash also has 50 years experience as a hands-on volunteer for large organizations such as CARP Ottawa; Distress Centre of Ottawa, Ontario Charitable Gaming Association, Ontario Society of Senior's Citizens Organizations; Air Canada - Dreams Takes Flight, Shriner's Group, Starlight Children's Foundation and East York School Board. He has served as Treasurer on the Boards of CARP – Ottawa, OSSCO and AC-DTF Toronto. In his spare time, he likes to paint, travel and help at charity events.