



## Housing Options in Ottawa: A Resource List for Older Adults

This resource list was compiled by the Council on Aging's Age-Friendly Housing Committee. It includes the resources in the Housing Guide to consult for more information. In the electronic version, simply click on the link to get to the resource. If you are using the print version, type the name of the resource or link in a computer (at home or at a library) to see the resource. Local (Ottawa) resources are noted with a \*.

For more detailed information on housing options for older adults, please see the Housing Guide at [coaottawa.ca/committees/housing/housing-options-in-ottawa](http://coaottawa.ca/committees/housing/housing-options-in-ottawa). To request a presentation on the Housing Guide, contact us at [housing-logement@coaottawa.ca](mailto:housing-logement@coaottawa.ca) or 613-789-3577.

### Home Ownership

Renovating your home, buying, or building a home, and sharing a home are home ownership options.

#### Renovate Your Home

**Canada Mortgage and Housing Corporation:** [cmhc-schl.gc.ca/en/developing-and-renovating](http://cmhc-schl.gc.ca/en/developing-and-renovating) or call 1-800-668-2642

**The Home Modification Council:** [chba.ca/CHBA/Renovating/Renovating.aspx](http://chba.ca/CHBA/Renovating/Renovating.aspx)

**A Certified Aging-in-Place Specialist (C-CAPS):** [chba.ca/c-caps](http://chba.ca/c-caps)

**\*Ontario Renovates Program** (for low-income seniors): [ottawa.ca/en/family-and-social-services/housing/ontario-renovates-program](http://ottawa.ca/en/family-and-social-services/housing/ontario-renovates-program) or call 613-580-2424 ext.12300

**Consumer Protection Ontario:** [ontario.ca/page/consumer-protection-information-about-homes-and-renovations](http://ontario.ca/page/consumer-protection-information-about-homes-and-renovations)

**Ontario Seniors Home Safety Tax Credit:** [ontario.ca/page/seniors-home-safety-tax-credit](http://ontario.ca/page/seniors-home-safety-tax-credit)

**Canada Mortgage and Housing Corporation:** hiring a contractor: [cmhc-schl.gc.ca/en/developing-and-renovating/accessible-adaptable-housing/aging-in-place/hiring-a-contractor](http://cmhc-schl.gc.ca/en/developing-and-renovating/accessible-adaptable-housing/aging-in-place/hiring-a-contractor)

## Buying or Building a Home

**\*Ottawa Real Estate Board:** [oreb.ca](http://oreb.ca); [Realtor.ca](http://Realtor.ca)

**Real Estate Council of Ontario:** [reco.on.ca](http://reco.on.ca)

**Accredited Senior Agents:** [seniorsrealestate.ca](http://seniorsrealestate.ca)

**Seniors Real Estate Specialists:** [seniorsrealestate.com](http://seniorsrealestate.com)

**\*City of Ottawa:** adding a coach house: [ottawa.ca/en/residents/building-and-renovating/do-i-need-building-permit#adding-coach-house-secondary-dwelling-units-accessory-structure](http://ottawa.ca/en/residents/building-and-renovating/do-i-need-building-permit#adding-coach-house-secondary-dwelling-units-accessory-structure)

**Ontario Government:** Life lease housing: [ontario.ca/document/life-lease-housing](http://ontario.ca/document/life-lease-housing)

**Ontario Government:** building or buying a tiny house: [ontario.ca/document/build-or-buy-tiny-home](http://ontario.ca/document/build-or-buy-tiny-home)

**Ontario Government:** what to know before buying a home: [ontario.ca/page/what-know-before-buying-home](http://ontario.ca/page/what-know-before-buying-home)

**Ontario Government:** owning a condo: [ontario.ca/page/owning-a-condo](http://ontario.ca/page/owning-a-condo)

**Ontario Government:** co-owning a home: [ontario.ca/document/co-owning-home](http://ontario.ca/document/co-owning-home)

**Condominium Authority of Ontario:** Condo Buyers Guide:  
[condoauthorityontario.ca/resources/condo-buyers-guide](http://condoauthorityontario.ca/resources/condo-buyers-guide)

**Canada Mortgage and Housing Corporation,** Buying a home: [cmhc-schl.gc.ca/en/consumers/home-buying](http://cmhc-schl.gc.ca/en/consumers/home-buying)

**Canada Mortgage and Housing Corporation, Condominium Buyer's Guide:** [cmhc-schl.gc.ca/en/buying/condominium-buyers-guide](http://cmhc-schl.gc.ca/en/buying/condominium-buyers-guide)

## Sharing a Home

**Home Share Communities:** [homesharecanada.org/ON](http://homesharecanada.org/ON)

**The Home-Sharing Guide for Ontario Municipalities:** [ontario.ca/page/home-sharing-guide-ontario-municipalities](http://ontario.ca/page/home-sharing-guide-ontario-municipalities)

**Co-owing:** [ontario.ca/document/co-owning-home](http://ontario.ca/document/co-owning-home)

**Homeshare Alliance:** [homesharealliance.com](http://homesharealliance.com)

**Canadian Cohousing Network:** [cohousing.ca](http://cohousing.ca)

**\*Darling Solutions:** [darlingsolutions.ca](http://darlingsolutions.ca) or call 613-850-2047

**\*Moving Forward Matters:** [movingforwardmatters.com](http://movingforwardmatters.com) or call 613-841-0220

**\*Helping with Furniture:** provide gentle used furniture to those in need: [hwfottawa.org/eng/give-furniture](http://hwfottawa.org/eng/give-furniture)

**Senior Moves:** downloadable resources on downsizing & selling: [seniormoves.ca](http://seniormoves.ca) or call 613-832-0053

**Comfort Life:** [comfortlife.ca/retirement-community-resources/downsizing-your-home](http://comfortlife.ca/retirement-community-resources/downsizing-your-home)

# Renting

Renting at market rate, subsidized or social housing, and co-operative housing are rental options in Ottawa.

## Renting at Market Rate

**Government of Canada:** renting your first apartment or house: [canada.ca/en/financial-consumer-agency/services/renting-first-apartment.html](https://canada.ca/en/financial-consumer-agency/services/renting-first-apartment.html)

**Canada Mortgage and Housing Corporation:** [cmhc-schl.gc.ca/en/rental-housing/i-am-renting](https://cmhc-schl.gc.ca/en/rental-housing/i-am-renting)

**Canada Mortgage and Housing Corporation, Rental Market Report:** [cmhc-schl.gc.ca/en/professionals/housing-markets-data-and-research/market-reports/rental-market-reports-major-centres](https://cmhc-schl.gc.ca/en/professionals/housing-markets-data-and-research/market-reports/rental-market-reports-major-centres)

**Renting in Ontario:** your rights: [ontario.ca/page/renting-ontario-your-rights](https://ontario.ca/page/renting-ontario-your-rights)

**Ontario Rent Control:** [ontario.ca/page/residential-rent-increases](https://ontario.ca/page/residential-rent-increases)

**Landlord and Tenant Board:** [tribunalsontario.ca/lrb](https://tribunalsontario.ca/lrb) or call 1-888-332-3234

## Social / Subsidized Housing

\***Ottawa West Community Support, Aging in Place:** [owcs.ca/aging-in-place](https://owcs.ca/aging-in-place)

\***Social Housing Registry of Ottawa:** [housingregistry.ca](https://housingregistry.ca) or call 613-526-2088

\***City of Ottawa:** subsidized housing: [ottawa.ca/en/family-and-social-services/housing/subsidized-housing](https://ottawa.ca/en/family-and-social-services/housing/subsidized-housing)

\***Ottawa Community Housing:** [och-lco.ca](https://och-lco.ca)

## Co-operative Housing

\***Co-operative Housing Association of Eastern Ontario:** [chaseo.coop](https://chaseo.coop) or call 613-230-2201

## Organizations that can help

\***Action Housing:** [action-logement.ca/en/action-housing](https://action-logement.ca/en/action-housing) or call 613-562-8219

\***Housing Help:** [action-logement.ca/en/housing-help](https://action-logement.ca/en/housing-help) or call 613-563-4532

# Resources to Help you Stay in Your Home

Personal care and community support services, financial help, and home safety help can help you stay in your home.

## Personal Care and Community Support Services

\***Champlain Community Support Network:** [communityhomesupport.ca](http://communityhomesupport.ca)

\***Champlain Health Line:** [champlainhealthline.ca](http://champlainhealthline.ca)

\***Home and Community Care Support Services** (formerly know as Champlain Local Health Integration Network, Home and Community Care): [healthcareathome.ca/champlain](http://healthcareathome.ca/champlain) or call 310-2222 (no area code required)

\***Primary Care Outreach for Seniors (PCO):** [seochc.on.ca/programs-and-services/community-services/primary-care-outreach](http://seochc.on.ca/programs-and-services/community-services/primary-care-outreach)

\***Community Health Centre:** [champlainhealthline.ca](http://champlainhealthline.ca)

\***Wabano Centre for Aboriginal Health:** [wabano.com](http://wabano.com)

## Financial Help

\***City of Ottawa, Property Tax and Water Utility Deferral Programs:** [ottawa.ca/en/living-ottawa/taxes/property-tax-mitigation-programs/full-property-tax-deferral-program](http://ottawa.ca/en/living-ottawa/taxes/property-tax-mitigation-programs/full-property-tax-deferral-program) or call 613-580-2740 (TTY 613-580-2401)

\***Ontario Renovates Program:** [ottawa.ca/en/residents/social-services/housing/Ontario-renovates-program](http://ottawa.ca/en/residents/social-services/housing/Ontario-renovates-program) or call the City of Ottawa 613- 580-2424 ext.12300

\***Affordability Fund Trust:** [unitedwayeo.ca/get-involved/the-affordability-fund](http://unitedwayeo.ca/get-involved/the-affordability-fund)

**Low Income Energy Assistance (LEAP):** [oeb.ca/rates-and-your-bill/help-low-income-consumers/low-income-energy-assistance-program](http://oeb.ca/rates-and-your-bill/help-low-income-consumers/low-income-energy-assistance-program)

**Ontario Electricity Support Program:** [ontarioelectricitysupport.ca](http://ontarioelectricitysupport.ca) or call 1-855-831-8151

**Save on Energy Affordability Program:** [saveonenergy.ca/en/For-Your-Home/Energy-Affordability-Program](http://saveonenergy.ca/en/For-Your-Home/Energy-Affordability-Program) or call 1-844-770-3148

**Service Ontario Programs:** [ontario.ca/page/senior-homeowners-property-tax-grant](http://ontario.ca/page/senior-homeowners-property-tax-grant) or call 1-866-668-8297

**Financial Consumer Agency of Canada, Reverse mortgages:** [canada.ca/en/financial-consumer-agency/services/mortgages/reverse-mortgages.html](http://canada.ca/en/financial-consumer-agency/services/mortgages/reverse-mortgages.html)

**Ministry of Finance Programs:** [ontario.ca/page/senior-homeowners-property-tax-grant](http://ontario.ca/page/senior-homeowners-property-tax-grant) or call 1-866-668-8297

## Home Safety Help

\* **Ottawa Public Health, Preventing Falls** : [ottawapublichealth.ca/en/public-health-topics/prevent-falls.aspx](http://ottawapublichealth.ca/en/public-health-topics/prevent-falls.aspx)

\***Staying Independent Checklist**:

[champlainhealthline.ca/healthlibrary\\_docs/StayingIndependentChecklist\\_En.pdf](http://champlainhealthline.ca/healthlibrary_docs/StayingIndependentChecklist_En.pdf)

**Consumer Protection Ontario**: [ontario.ca/page/consumer-protection-information-about-homes-and-renovations](http://ontario.ca/page/consumer-protection-information-about-homes-and-renovations)

**Falls Prevention**: [canadianfallprevention.ca/resources-and-links](http://canadianfallprevention.ca/resources-and-links)

**Eligible medical expenses**: [canada.ca/en/revenue-agency/services/forms-publications/publications/rc4065/medical-expenses-2016.html](http://canada.ca/en/revenue-agency/services/forms-publications/publications/rc4065/medical-expenses-2016.html)

\***Champlain Community Support Network**: [caredove.com/champlaincss](http://caredove.com/champlaincss)

\***Champlain Healthline**: [champlainhealthline.ca/listCategories.aspx?id=10012&region=Ottawa](http://champlainhealthline.ca/listCategories.aspx?id=10012&region=Ottawa)

## Residential Living

**Retirement Homes**: usually privately owned residences that provide rental suites with care and services for older adults. Generally, they provide meals, laundry services, housekeeping, and communal programming along with 24-hour supervision and a range of personal assistance services.

**Ontario Retirement Communities Association (ORCA)**: [orcaretirement.com](http://orcaretirement.com)

**Advocacy Centre for the Elderly**: [advocacycentreelderly.org/retirement\\_homes\\_-\\_introduction.php](http://advocacycentreelderly.org/retirement_homes_-_introduction.php)  
or call 1-855-598-2656

**Retirement Homes Regulatory Authority**: [rhra.ca/en/retirement-home-database](http://rhra.ca/en/retirement-home-database) or call 1-855-ASK-RHRA (1-855- 275-7472)

**Ontario Government**: find a retirement home: [ontario.ca/page/find-retirement-home](http://ontario.ca/page/find-retirement-home)

**Ontario Government**: seniors find a place to live: [ontario.ca/page/seniors-find-place-to-live](http://ontario.ca/page/seniors-find-place-to-live)

\***Tea and Toast**: [teaandtoast.ca](http://teaandtoast.ca)

\***Comfort Life**: [comfortlife.ca](http://comfortlife.ca)

\***Visavie Ottawa**: [visavie.com](http://visavie.com)

\***Solvasenior**: [solvaseniorliving.ca](http://solvaseniorliving.ca)

**Residential Services Homes** (Domiciliary Hostels): are private or non-profit subsidized residences that provide long-term housing to vulnerable adults who require supervision and services to maintain their independent living

\***City of Ottawa**, Residential Services Homes: [ottawa.ca/en/residents/social-services/housing/residential-services-homes-domiciliary-hostels](http://ottawa.ca/en/residents/social-services/housing/residential-services-homes-domiciliary-hostels)

**Long-Term Care Homes**: provide 24-hour nursing care and supervision within a secure setting. Long-term care homes are operated by municipalities, not-for-profit organizations, and private organizations

\***City of Ottawa**, Long-Term Care: [ottawa.ca/en/family-and-social-services/housing/long-term-care](http://ottawa.ca/en/family-and-social-services/housing/long-term-care)

\***COA Long-Term Care Home Checklist**: [coaottawa.ca/wp-content/uploads/documents/LongTermCareGuide2004.pdf](http://coaottawa.ca/wp-content/uploads/documents/LongTermCareGuide2004.pdf)

\***Champlain Healthline**, Virtual tours of the long-term care homes in Ottawa: [champlainhealthline.ca/libraryContent.aspx?id=20454](http://champlainhealthline.ca/libraryContent.aspx?id=20454)

\***Home and Community Care Support Services Champlain**: [healthcareathome.ca/long-term-care/eligibility-and-admission](http://healthcareathome.ca/long-term-care/eligibility-and-admission) or call 310-2222 (no area code required)

**Ontario Ministry of Health and Long-Term Care**: home, community, and residential care services: [health.gov.on.ca/en/public/programs/ltc/default.aspx](http://health.gov.on.ca/en/public/programs/ltc/default.aspx)

**Overview on Long-Term Care**: [ontario.ca/page/about-long-term-care](http://ontario.ca/page/about-long-term-care)

**The Ontario Long Term Care Association**: [oltca.com](http://oltca.com)

**Advantage Ontario**: [advantageontario.ca](http://advantageontario.ca)

## Innovative and Emerging Housing Options

### Non-profit

**Abbeyfield Houses Society of Ottawa - Parkdale Residence**: [abbeyfieldottawa.ca](http://abbeyfieldottawa.ca); 613-729-4817; [manager@abbeyfieldottawa.ca](mailto:manager@abbeyfieldottawa.ca)

**Bruyère Village**: [www.bruyere.org/en/bruyere-village](http://www.bruyere.org/en/bruyere-village) or call 613-562-6262

**Perley Rideau Senior Living**: [perleyhealth.ca/senior-living](http://perleyhealth.ca/senior-living) or call 613-526-7170 ext. 2009 or email [rentaloffice@prvhc.com](mailto:rentaloffice@prvhc.com)

**Carlington Community**: [och-lco.ca](http://och-lco.ca) or call 613-731-1182 or email [info@och.ca](mailto:info@och.ca)

### Housing Built in Partnership with Churches

**Ellwood House Ottawa Inc**: [ellwoodhouse.ca](http://ellwoodhouse.ca); 613-521-5151; [ellwoodhouse@rogers.com](mailto:ellwoodhouse@rogers.com)

**Eastern Ontario Christian Senior Citizen Co-Operative Homes Inc**: [220-224viewmount.ca](http://220-224viewmount.ca); 613-225-5110; [management.viewmount@gmail.com](mailto:management.viewmount@gmail.com)

**KDS Village**: [KDSVillage.ca](http://KDSVillage.ca); 613-899-4634; [roseanne.holtman@clvgroup.com](mailto:roseanne.holtman@clvgroup.com)

**Unitarian House of Ottawa:** [unitarianhouse.ca](http://unitarianhouse.ca); 613-722-6690; [retire@unitarianhouse.ca](mailto:retire@unitarianhouse.ca)

## Partnership with Private Sector

**OASIS Senior Support Living Inc:** for Kingston: [oasis-aging-in-place.com/news](http://oasis-aging-in-place.com/news) and for Toronto: [uhnopenlab.ca/project/oasis](http://uhnopenlab.ca/project/oasis)

**Home Sharing:** [homesharecanada.org/ON](http://homesharecanada.org/ON)

**Golden Girls (and Guys) Canada:** [goldenhomessharingconnections.ca](http://goldenhomessharingconnections.ca)

**Happipad:** [happipad.com](http://happipad.com) (BC only)

**Naturally Occurring Retirement Communities (NORCS):** [seniorsocialliving.com/norc](http://seniorsocialliving.com/norc)

## Cohousing

**Terra Firma:** [cohousing.ca/communities/on/terra-firma](http://cohousing.ca/communities/on/terra-firma)

**Concorde Cohousing:** [concordecohousing.ca](http://concordecohousing.ca)

**Canadian Cohousing Network:** [cohousing.ca](http://cohousing.ca)

**Ottawa Cohousing:** [ottawacohousing.ca](http://ottawacohousing.ca); [info@ottawacohousing.ca](mailto:info@ottawacohousing.ca); 613-724-3742

## Housing Committees

**The Age-Friendly Housing Committee:** [coaottawa.ca/committees/housing](http://coaottawa.ca/committees/housing)

**The Housing Committee of the Ottawa Seniors Pride Network:** [ospn-rfao.ca/advocacy](http://ospn-rfao.ca/advocacy)

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### 211

[211ontario.ca](http://211ontario.ca)

### Amica Westboro Park

[amica.ca/find-a-residence/ottawa](http://amica.ca/find-a-residence/ottawa)

### Champlain Community Support Network

[communityhomesupport.ca](http://communityhomesupport.ca)

### National Association of Federal Retirees

[federalretirees.ca](http://federalretirees.ca)

### Fifty-five Plus Magazine

[fifty-five-plus.com](http://fifty-five-plus.com)

### Philips Lifeline

[lifeline.ca](http://lifeline.ca)

### Renos 4 life

[renos4life.ca](http://renos4life.ca)

### Tea and Toast

[teaandtoast.ca](http://teaandtoast.ca)

### Visavie

[visavie.com](http://visavie.com)

### Wellington West Retirement Community

[WellingtonWestRetirement.com](http://WellingtonWestRetirement.com)

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