



THE GIFT OF YEARS

Growing Older Gracefully

10th Annual Conference on Spirituality and Aging

When

Wednesday, June 5, 2019
8:30 Registration / 9:00 Conference / 12:00 Lunch

Location

Council on Aging - 1247 Kilborn Place

Getting Here

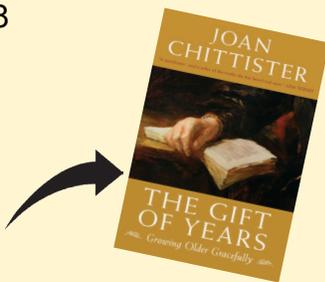
OC Transpo Route #48
Free Parking

Tickets

\$10 Members
\$15 Non-Members
\$25 Pre-Order Book

Registration

www.coaottawa.ca
Phone: 613-789-3577 x101
coa@coaottawa.ca



This year's conference, based on the writings of Joan Chittister, will explore the idea of not only accepting, but celebrating aging while embracing its purposes and challenges, struggles and surprises. Participants will be encouraged to cherish the blessing of their aging as a natural part of life that is active, productive, and deeply rewarding. There is a purpose to aging and an intention built into every stage of life.

Speakers:

Patricia Marsden-Dole, D.Min.

Jennifer Waterman, M.A.

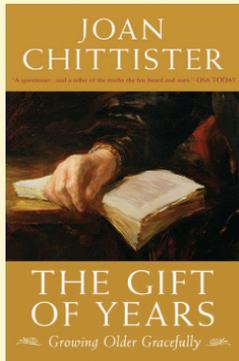
Facilitator:

Lee McCoy, D.Min.





Program



This half-day conference is offered especially for seniors and caregivers.

We welcome people of all cultures, faiths and abilities.

Presentations will be offered in English.

8:30	Registration
9:00	Welcome, Sarah Bercier
9:10	Introduction: Dr. Lee McCoy
9:30	Speaker: Dr. Patricia Marsden-Dole
10:00	Short Stretch Break
10:10	Speaker: Jennifer Waterman
10:40	Coffee Break
11:00	Facilitated Discussion: Dr. Lee McCoy
11:45	Conclusion
12:00	Lunch



Speaker:

**Patricia
Marsden-Dole**

D.Min.

Dr Patricia Marsden-Dole retired from the Canadian Foreign Service in 2003 and went on to do studies in inter-religious dialogue and a doctorate in the sources of compassion in the boomer culture at a time when boomers in Ottawa meet the challenges of aging in an aging community. She has worked on this topic with many groups in Ottawa including as the volunteer Social Justice Coordinator for the RC Archdiocese of Ottawa. She looks forward to initiating this year the first projects of the Saint Paul Centre for Aging and Community.



Speaker:

**Jennifer
Waterman**

As a senior, I see maintaining my creativity, imagination and compassionate engagement in social issues as crucial to a positive life as I age. Professionally I was a postsecondary educator. After retirement, I trained as a spiritual director and continue this practice in different ways. Over the years, I have learned much from refugees and acquaintances from diverse faith traditions - or none. A printmaker and a painter, I have recently taken up trying to learn how to make pots - great messy fun!



Facilitator:

**Lee
McCoy**

D.Min.

Following 30 rewarding years as a college professor and administrator, Lee McCoy now works in the area of spiritual gerontology. She helps individuals use personal narratives to move toward gerotranscendence. She holds Masters Degrees in Education and Pastoral Counselling and a Doctorate in Ministry.

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Spirituality and Aging**